



McLean NEWS

May 14, 2010

A PUBLICATION FOR THE McLEAN HOSPITAL COMMUNITY

2010 service awards

Altschule nursing award goes to Arzumanyan

Nonna Arzumanyan, a mental health specialist at McLean for the past 14 years, is the winner of this year's Julia Altschule Award. She received the award, for providing exemplary and humane patient care, during McLean's Service Award Ceremony on May 12.

The primary mental health specialist in the hospital's Electroconvulsive Therapy (ECT) Service recovery lounge, Arzumanyan is responsible for monitoring and helping patients who are recovering from the outpatient procedure. "Nonna is kind, gentle and efficient as she interacts with patients in various states of alertness," said Paula Bolton, RN/NP, nurse director of the Psychiatric Neurotherapeutics Program, who nominated Arzumanyan for the award. "She is patient in her re-orientation of patients and is very

helpful in assessing post-ECT side effects. She is especially good," Bolton noted, "with our elderly patients and assists them with an unfailingly demeanor."

According to Bolton, Arzumanyan goes out of her way to accommodate patient needs and has stayed late many times to monitor patients whose rides are delayed or whose family members need to pick them up later in the day."

Arzumanyan, who is also a community residence counselor, said winning the award makes her feel appreciated. "The fact that all of my co-workers were so excited for me made it even more special."

See attached for photo coverage of the 2010 Service Award Ceremony. ♦



Award recipient Nonna Arzumanyan, left, with her boss and nominator Paula Bolton, RN/NP.

2010 service awards

Father and daughter share common McLean bond

Father and daughter were among those honored by McLean for their years of service to the hospital on May 12. Carmelo D'Andrea of Facilities was recognized for 25 years; while his daughter, Lela Dalton of Marketing and Business Development was honored for five years, during McLean's Annual Service Award Ceremony.

D'Andrea began working at McLean in 1985. "I was a cleaner, shampooing rugs," he said. Over the course of his 25 years, D'Andrea worked his way through the ranks to earn his current position as chief engineer of the Power House. "Carmie is dependable, loyal and can be called on at any time of the day or night and will respond with a smile," said his boss Andrew Healy, director of Facilities. To D'Andrea, McLean is "like home—they treat me good."



Lela Dalton, five-year service recipient, and her father Carmelo D'Andrea, honored for 25 years of service.

For Dalton, a marketing coordinator who lives in Belmont, one of the defining factors in her decision to seek employment at McLean was knowing how well the hospital had treated her

father. "There was a connection," she said. "I knew it was a good place to work."

Philip Levendusky, PhD, senior vice president for Business Development and Communications, called Dalton "hardworking, talented and creative." A former full-time employee, Dalton, a new mother to Max, age six and a half months, now works only 20 hours a week to care for her son.

She said she was "excited" to receive the award at the same time as her father. "It's funny, we both have our landmark anniversary dates at the same time," she noted. The ceremony marked a rare occasion for Dalton to see her father during working hours. "We don't see each other much at work since we work in different buildings, but we see each other a lot off campus." ♦

Save these
dates in
June!

The month of June is shaping up to be a busy one on the McLean campus. Mark your calendars and plan to join your friends and colleagues for these exciting events.

Health and Fitness Expo
Saturday, June 12 and Sunday, June 13
10 am to 4 pm

McLean Hospital will participate in the Channel 7/Partners HealthCare Health and Fitness

Expo at the Hynes Convention Center. McLean will offer free mood and memory screenings, information on transcranial magnetic stimulation, brain research activities developed by InS-PIRE, yoga demonstrations to "Stretch Out Stress", lectures by Carol Kauffman, PhD, and Daniel Shapiro, PhD, and a cooking demonstration with George Smith, LICSW, and Kitchen on the Common's Chef Joh Kokubo. If you would like to volunteer to support these activities, call 617.855.2110 (ext. 2110).

Intranet launch and employee barbecue
Wednesday, June 23

11:30 am to 1:30 pm (barbecue)
Learn the name of the McLean Intranet and begin exploring more than 500 pages of information as the site officially launches throughout the hospital community. In conjunction with the Intranet launch, McLean will host its annual barbecue for employees on the de Marneffe patio from 11:30 am to 1:30 pm, rain or shine.

de Marneffe II open house
Thursday, June 24

3 pm to 5 pm

Help celebrate the renovated second floor of the de Marneffe building with a ribbon-cutting ceremony and reception on Thursday, June 24 from 3 pm to 5 pm. The newly renovated floor is now home to the Office of the Chief Academic Officer; Center for Depression, Anxiety and Stress Research; Massachusetts General Hospital/McLean Hospital Adult Psychiatry Residency Training Program; College Mental Health Program; Mental Health Services Library; and individual offices.

Waverley Place open house and retirement reception

Tuesday, June 29

3 pm to 5 pm

Members of Waverley Place will host an open house on Tuesday, June 29 from 3 pm to 5 pm at the venue at 12 Church Street, Belmont, to bid farewell to Dana Holley, MSW, LICSW, who is retiring after nine years with the program. Light refreshments will be served. ♦

Historical Notes

by McLean Hospital Archivist
Terry Bragg, MA, MSLS

*Second of two
parts commemorating
National Nurses' Month*

In its 86-year history, the McLean Asylum Training School of Nurses graduated 807 male nurses. The nursing school saw its first male class graduated in 1888, six years after its inception. Male nursing students spent 12 months of their three-year course working at affiliated schools of nursing, where they received practical experience in the nursing, medical, surgical and genitourinary diseases. They also garnered operating room experience.

LeRoy N. Craig, RN, a 1911 graduate of the McLean Nursing School, was the first superintendent of the Pennsylvania Hospital School of Nursing for Men, founded in 1914. He played an important role in national politics, obtaining commissions for male nurses in the United States Army Nurse Corps, beginning in 1955. Another nursing school graduate, Charles E. Ludwig, RN, Class of 1889, later became a member of the first Massachusetts Board of Registration in Nursing in 1910.

To learn more about McLean's history, visit mclean.harvard.edu/about/history or register for the May 26 brown bag lunch seminar Bragg is hosting by e-mailing cbrophy@partners.org. ♦



First Class 1888.

New Hires in March

As a leader in psychiatric care, education and research, McLean Hospital stands on a firm foundation of excellence built and maintained by its employees. With more than 1,700 employees, the hospital has created a close-knit community in a caring environment that promotes professionalism and pride. McLean welcomes the following additions who joined the hospital community in March.

Stefanie Ammiano

Alcohol and Drug Abuse Treatment Program

Mark Florentino

Pathways Academy

Augusto Grieco

Facilities

Meredith Horgan

Appleton Continuing Care Program

Natascha Jules

McLean SouthEast

Jeffery Long

Clinical Service Administration

Mary Malloy

Geriatric Psychiatric Research Program

David Moreau

Klarman Eating Disorders Center

Melissa Morin

Pathways Academy

James Morrison

Community Reintegration Unit

Lauren Murphy

McLean SouthEast

Elizabeth Murray

McLean SouthEast

Jill Nammar

Clinical Evaluation Center

Anthony Norton

Adolescent Resident Treatment Program/Brockton

Linda Palmer

McLean SouthEast

Charalampos Pantazopoulos

Harvard Brain Tissue Resource Center

Junwoo Park

Psychiatric Neuroscience Laboratory

Melissa Peterson

3East

Karen Smith

Schizophrenia and Bipolar Disorder Program

Michelle Smith

Health Information Management/Medical Records

Melissa Sutherland

Nursing Administration

James Vermilyea

Business Development and Marketing

Ashley Walheim

Alcohol and Drug Abuse Treatment Program

Candice Warren

3East

Ivy Zang

Nursing Utilization Management ♦

Your opinion matters

Monday, May 17 is the final day for employees to provide feedback on topics they would like addressed during lunch-time workshops McLean is planning for staff. Visit <http://www.surveymonkey.com/s/brownbag> to complete the survey.

Contact Catharyn Gildesgame, MBA, at 617.855.4235 (ext. 4235) or cgildesgame@partners.org with questions or comments. ♦

Coming Up

NEUROSCIENCE SEMINAR

Lisa M. Shin, PhD, Tufts University, will present “Neuroimaging Studies of Post-Traumatic Stress Disorder: Moving Beyond the Identification of Functional Abnormalities” on Monday, May 17 from 4 pm to 5 pm in the de Marneffe building, Room 132.

WEIGHT WATCHERS

A new, 12-week At Work Weight Watchers® group will begin meeting at McLean on Tuesdays at 1:15 pm, beginning May 18. Contact Joseph Scholl, LICSW, at jscholl@partners.org or 617.855.2787 (ext. 2787) with questions.

BORDERLINE PERSONALITY DISORDER (BPD) CASE CONFERENCE

Mark Goldblatt, MD, McLean Hospital, will

present “BPD and Splitting: Destructive Effects on the Extended Treatment Team” on Tuesday, May 18 from 4 pm to 5 pm in the Paul Howard Room of the Administration Building.

INTERDISCIPLINARY RESEARCH COMMITTEE 3rd Forum

Shelly F. Greenfield, MD, MPH, Scott Lukas, PhD, and Nancy Merrill, RN/PC, McLean Hospital, will present “Moving from Interdisciplinary Treatment to Interdisciplinary Research: Translating Practice of Evidence” on Wednesday, May 19 from 2 pm to 4 pm in Pierce Hall. Contact Judith Faberman at jfaberman@partners.org or 617.855.2119 (ext. 2119) for more information.

BORDERLINE PERSONALITY DISORDER FAMILY WORKSHOP

Brian Palmer, MD, MPH, McLean Hospital, will present “Advocacy and Parity for Borderline Personality

Disorder” on Thursday, May 20 from 6 pm to 7:30 pm in the de Marneffe building, Room 132.

GRAND ROUNDS *Golda Edinburg Lecture*

Ruth Grossman, PhD, MSW, and Hugo Kamyra, PhD, MSW, Simmons School of Social Work, will present “Expanding Cross-Cultural Understanding of Suicide Prevention Work: Research on Two Vulnerable Populations” on Friday, May 21 at 11 am in Pierce Hall.

HISTORIC LUNCH

McLean archivist Terry Bragg, MA, MSLS, will host an hour-long, brown-bag lunch talk on the hospital’s history on Wednesday, May 26 at noon in the Paul Howard Room of the Administration Building. Employees interested in attending should e-mail Christine Brophy, cbrophy@partners.org, in the President’s Office. ♦

McLean Hospital 2010 Service Award Ceremony ☀ May 12, 2010



Twenty-five year recipients pose in their McLean chairs.